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Based on an understanding of the psychological vulnerabilities of addicts, the MDGT model addresses the modifications in psychodynamic technique that are necessary for addicts' needs. It focuses on four main areas of difficulty involving self-regulation; affect, self-esteem, relationship, and self-care problems.

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Based on an understanding of the psychological vulnerabilities of addicts, the MDGT model addresses the modifications in psychodynamic technique that are necessary for addicts' needs. It focuses on four main areas of difficulty involving self-regulation; affect, self-esteem, relationship, and self-care problems. Both supportive and expressive, the approach helps group members identify, process ...

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Addiction and the Vulnerable Self: Modified Dynamic Group Therapy for Substance Abusers

@inproceedings{Khantzian1990AddictionAT, title={Addiction and the Vulnerable Self: Modified Dynamic Group Therapy for Substance Abusers}, author={Edward J. Khantzian and Kurt S. Halliday and William E. McAuliffe}, year={1990} }

[PDF] Addiction and the Vulnerable Self: Modified Dynamic ...

Since the internationally renowned and outspokenly sober leader of the self-help and personal development march Brene Brown led a TED Talk called “ The Power of Vulnerability ” , people have turned toward the idea of vulnerability with more interest than adversity. For most people, the idea of vulnerability leaves a difficult taste in their mouth- the idea of being open, raw, and completely, radically honest, is a hard pill to swallow for them.

The Importance Of Getting Vulnerable In Addiction ...

A critical psychological variable related to addiction vulnerability and persistence involves the ability of an individual to self-regulate behavioral impulses, particularly in instances when such behaviors lead to adverse consequences, such as the effects of chronic addiction. Indeed, impairments in the ability to control compulsive drug seeking are a critical underlying factor leading to criminality, harm to others, and/or self-harm observed in many drug-abusing subjects.

Addiction Vulnerability - an overview | ScienceDirect Topics

To the chagrin of clinicians who give primacy to biological and chemical approaches to substance abuse treatment, Halliday has

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clearly shown that the etiology of addiction can be sensibly located in the mind and effectively treated through psychological interventions alone.

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The emergence of a shadow self can begin even before heavy users cross the line into addiction. Mood-altering drugs alter the frontal lobe of the brain, affecting judgment, impulse control, and ...

Addiction: 5 Early Warning Signs | Psychology Today

Pris: 569 kr. Inbunden, 1990. Skickas inom 5-8 vardagar. Köp Addiction and the Vulnerable Self av Edward J Khantizan, William E McAuliffe, Kurt S Halliday på Bokus.com.

Addiction and the Vulnerable Self - Edward J Khantizan ...

Sometimes, the vulnerability to addiction is inherently embedded within us, and the simple exposure to drugs can start a fire before even sparking a flame. Scientists estimate that genetic factors account for between 40 and 60 percent of a person's vulnerability to addiction.

Who is Most Vulnerable to Drug Addiction? | Turnbridge

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Addiction and the Vulnerable Self : Edward J. Khantizan ...

According to American Addiction Centers and a Washington University School of Medicine study, autistics are less likely to try alcohol and drugs at all—but those of us who do have a much higher risk of addiction than the general population. A Swedish study found an autism diagnosis doubles the risk of addiction.

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THINKING PERSON'S GUIDE TO AUTISM: Autism and Addiction: A ...

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Furthermore, in line with previous findings that social media addiction negatively affects self-esteem (Andreassen et al., 2017; B ł achnio, et al., 2016; Chou & Edge, 2012; Vogel et al., 2014) and that low self-esteem is associated with mental disorders (Orth et al., 2008; Orth & Robins, 2013; Sowislo & Orth, 2013), the current research yielded the first empirical finding that self-esteem mediated the relation of social media addiction to mental health.

Social media addiction: Its impact, mediation, and ...

These distorted thinking patterns leave insecure people vulnerable to distress and a risk factor for self-destructive behaviors (for example, addiction and eating disorders). Attachment is an...

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