

## Jocelyn K Glei

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HOW TO PLAN YOUR DAY

How To Be More Productive - Reverse-Engineer your day for Productivity and Time Management Tips

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~~JOCELYN K. GLEI writes about work & creativity.~~

Jocelyn K. Glei is obsessed with how we can find more meaning and creativity in our daily work. In search of the answer, she has interviewed hundreds of designers, researchers, and entrepreneurs about how they stay productive and inspired.

~~HURRY SLOWLY is a podcast about pacing yourself, hosted by ...~~

I created the online course RESET, a cosmic tune-up for your workday.. I host Hurry Slowly, a podcast about how you can be more productive, creative, and resilient through the simple act of slowing down.. I

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write books about how to make great creative work in the Age of Distraction, and I give talks about how we can spend less time on “ fake productivity ” and more time on meaningful work.

### ~~About • Jocelyn K. Glei~~

Jocelyn K. Glei is obsessed with how we can find more creativity and meaning in our daily work. She created the online course RESET, a cosmic tune-up for your workday, and hosts Hurry Slowly, a podcast about how you can be more productive, creative, and resilient by slowing down. Jocelyn has published numerous books for creative folks, including Manage Your Day-to-Day, Make Your Mark, and ...

### ~~Jocelyn K. Glei on Behance~~

Hi, I'm Jocelyn. I help people find more creativity and meaning in their daily work. I help people find more creativity and meaning in their daily work. I created the online course RESET , a cosmic tune-up for your workday, and I host Hurry Slowly , a podcast about how you can be more productive, creative, and resilient by slowing down.

### ~~The Missing Key to Productivity Is ... — Jocelyn K. Glei~~

Jocelyn K. Glei A writer and the founding editor of 99U, Jocelyn K. Glei is obsessed with how to make great creative work in the Age of Distraction. Her latest book is Unsubscribe: How to Kill Email Anxiety, Avoid Distraction, and Get Real Work Done.

### ~~Jocelyn K. Glei Archive — Adobe 99U~~

RESET is a four-week course created by Jocelyn K. Glei that shows you how to work in a way that is

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intentional, energizing, and inspiring. 00:36 We ' re on the verge of a burnout epidemic. Almost 50% of Americans say that they are regularly exhausted from work.

~~RESET is a cosmic tune-up for your workday.~~

Jocelyn K. Glei is a writer who's obsessed with how we can find more creativity and meaning in our daily work. Her latest book, "Unsubscribe", is a modern guide to getting rid of email anxiety, reclaiming your productivity, and spending more time on the work that matters. Her previous works include "Manage Your Day-to-Day", "Maximize Your ...

~~Jocelyn K. Glei~~

RESET is a course created by Hurry Slowly host Jocelyn K. Glei that shows you how to let go of productivity shame, be more tender with yourself, and get back in touch with the natural rhythms of your energy, your attention, and your creative flow. Registration re-opens on Sept 29th at [reset-course.com](http://reset-course.com). Get Jocelyn ' s brainwaves in your inbox.

~~Jocelyn K. Glei: A Call for Rest & Tenderness • Hurry Slowly~~

RESET, a cosmic tune-up for your workday. RESET is a new course from Hurry Slowly host Jocelyn K. Glei that shows you how to take a “ heart-centered ” approach to productivity that ' s intentional, energizing, and inspiring. Watch the 30-second trailer at [reset-course.com](http://reset-course.com). Get Jocelyn ' s brainwaves in your inbox.

~~Jocelyn K. Glei — Who Are You Without the Doing? • Hurry ...~~

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RESET, a cosmic tune-up for your workday. RESET is a new course from Hurry Slowly host Jocelyn K. Glei that shows you how to take a “ heart-centered ” approach to productivity that ’ s intentional, energizing, and inspiring. Watch the 30-second trailer at [reset-course.com](http://reset-course.com).

~~Jocelyn K. Glei: Productivity Shame • Hurry Slowly~~

RESET is a new online course, created by Hurry Slowly host Jocelyn K. Glei, that shows you how to work in a way that ’ s intentional, energizing, and inspiring. It takes all of the themes that Hurry Slowly explores and distills them down into a clear, actionable program that will completely transform the way you work.

~~Reset Course • Hurry Slowly~~

Follow Jocelyn K. Glei and explore their bibliography from Amazon.com's [Jocelyn K. Glei Author Page](#).

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Jocelyn K. Glei is obsessed with how we can find more creativity and meaning in our daily work. She created the online course RESET, a cosmic tune-up for your workday, and hosts Hurry Slowly, a...

~~Jocelyn K. Glei — Creator — RESET Course | LinkedIn~~

The series is edited by Jocelyn K. Glei, Director and Editor-in-Chief of 99U. Jocelyn oversees the 99u.com website—which has won two Webby Awards for "Best Cultural Blog"—and leads the curation and execution of the popular 99U Conference. Prior to joining 99U, Jocelyn was the global managing editor at the online

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media company Flavorpill. She is passionate about creating content-driven ...

### ~~Manage Your Day-to-Day: Build Your Routine, Find Your ...~~

Jocelyn K. Gleis Editor-in-Chief, 99U A writer and the founding editor of 99U, Jocelyn K. Gleis is obsessed with understanding how work gives our lives meaning. She has authored three books about work, creativity, and business, including the Amazon bestsellers *Manage Your Day-to-Day* and *Make Your Mark*.

### ~~Maximize Your Potential—Adobe 99U~~

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