

## Playful Journey For Couples Live Out The Pionate Marriage You Desire

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Through fifty-two Bible verses, Playful Journey for Couples suggests a new combination of studies, activities, and romantic dates to live out the love of Christ with each other. It offers practical marriage advice and tools to open your hearts so you can get to know each other in a brand new way, enhance communication and trust, and renew intimacy and romance.

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Sink the ship is one of the well-known fun games for couples, but you can play it in a romantic manner and turn it into one of the best games for couples. Ask your partner to play the game with you, and whoever is losing the game, they have to do what their partner asks them to do. Let your imagination run wild with this couple game. 4.

Top 17 Fun and Romantic Games for Couples - Marriage

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Susan Markin-Ryerson is the author of Playful Journey for Couples (4.00 avg rating, 1 rating, 0 reviews, published 2012) and Playful Journey for Couples ...

Susan Markin-Ryerson (Author of Playful Journey for Couples)

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Playful Journey for Couples leads you and your spouse ...

Dec 15, 2013 - Romantic Games for Couples - Playful Journey

Romantic Games for Couples - Playful Journey | Romantic ...

Your journey on this couples retreat weekend guides you through experiential elements of love and fire through exercises and practices that bring together authentic expression, connection, passion, creativity and fun in the beautiful Canadian mountains of Alberta (less than a half hour from Banff).

Retreat [Love and Fire] Couples - Kananaskis AB - Playful ...

Love + Fire Tantra Odyssey for Couples. In-Person (Toronto) or Online (Live classes) program designed just for couples who want to take a deep dive into Tantra. Tantra for couples is a deep dive private 8 session program which can be completed over a weekend or spaced out weekly. In this program you will learn to become vulnerable with an open heart, quiet the monkey mind, awaken the senses, ignite your passion, and break through blocks to bliss.

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Tantra Programs - Online & In Toronto - Playful Loving ...

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Playful Journey for Couples Presenting a light-hearted approach to enjoying marriage, Playful Journey for Couples leads you and your spouse through a year of growing, loving, and laughing together that will last a lifetime. Through fifty-two Bible verses, Playful Journey for Couples suggests a new combination of studies, activities, and romantic dates to live out the love of Christ with each other. It offers practical marriage advice and tools to open your hearts so you can get to know each other in a brand new way, enhance communication and trust, and renew intimacy and romance. It communicates the importance of putting Christ first in your marriage so you may enjoy a deeper and richer love. Living the marriage of your dreams doesn't have to be complicated, in fact it can be a lot of fun. In Playful Journey for Couples, author Susan Markin-Ryerson offers a new way to live out your own love story while enjoying your marriage journey.

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The promise of Live A Life You Love is simple: being true to your most authentic self and following essential principles of wellness will make you happy, healthy, and passionately in love with life. With insights drawn from her own personal transformation from a depressed medical doctor to a joyful and fulfilled flamenco dancer, writer, speaker, and life coach, Dr. Susan Biali's seven-step plan will help you discover (or re-discover) the hopes, passions, and talents that make up the real you. Even if your dreams have faded, or you worry they are unrealistic, Dr. Biali will teach you how to reach that creative, hopeful place and work towards making those dreams a reality. Along the way, you'll also learn how to maximize your physical, emotional and spiritual well-being. You will learn how to: Begin making YOU a priority Understand your body's language. Choose foods that slow aging, boost health, and improve energy. Improve your most important relationships. Balance your life and find time for what counts. Turn this knowledge into action today.

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As adults, we have more responsibilities than we could have ever imagined growing up. Learning the work of marriage. Navigating the bumpy terrain of parenting. Maintaining social relationships. Facing grave hardship. Finding contentment in our career. As the years pass by, we sense how the good things in life are so often eclipsed by stress. We find ourselves doing everything we can just to endure adulthood, all the while wondering whether we are actually enjoying it. This is exactly why Dr. Anthony T. DeBenedet decided to write *Playful Intelligence: The Power of Living Lightly in a Serious World*, to show readers how playfulness helps us counterbalance the seriousness of adulthood. "Five years ago, my life was becoming more intense and stressful," DeBenedet says. "My relationships, clinical work as a physician, and basic interactions with the world were blurring into a frazzled mosaic. Going through the motions became my norm, and every day brought busyness and exhaustion. I thought about whether I was depressed. I didn't think I was. Anxious? Sure, but aren't we all anxious on some level? I also thought about the lifestyle factors that could be making me feel this way. Was I getting enough sleep? Was I exercising regularly? Was I eating healthy? Was I playing and remembering to be playful?" Today, we live in a taxing world. The endless pressure to keep up with our responsibilities and the daily headlines swarming around us can be overwhelming. DeBenedet's work comes at a time when stress, uncertainty, and intensity levels are high. *Playful Intelligence* shows adults that there is a way to live lighter—and smarter—as we navigate the seriousness of adulthood. It's not about taking life less seriously; it's about taking ourselves less seriously. The book's core chapters are devoted to exploring the effects and benefits of five playful qualities: imagination, sociability, humor, spontaneity, and wonder. By examining playfulness as a sum of its parts, readers will gain a working awareness of its power and be able to apply playful principles to their own lives, bringing the magic of childhood back into their day-to-day existence. The book also offers practical suggestions on how to make life more playful in nature.

Reclaim your personal power and be the playful and powerful Warrior that God wants you to be. You are closer to realizing and having all of your goals, dreams, and aspirations than you realize. Find the love, peace, playfulness, and power inside of you to live a meaningful life on purpose with purpose. This book is a tool with the potential to evoke lasting life changes in the individual who reads it. This revelation had humble beginnings. Ten years ago, GJ Reynolds enjoyed great success as an entrepreneur. As a former soldier, he carried a tough exterior. Hidden underneath was a man suffering from deep depression and suicidal thoughts. He found healing through a commitment of his life to Christ, and choosing action rather than self-pity - a message he now shares with audiences around the country. Motivational speaker and author GJ Reynolds is redefining what it means to be a warrior. In his book, Reynolds encourages readers to find their own inner warrior by reclaiming their personal power and pursuing an authentic life in Christ. The book provides the tools Reynolds says that are necessary to live a meaningful life "on purpose, with purpose" which include: Put God First, Forgive Yourself, Live in the Now, Surround Yourself with the Right People, Be Playful and Find Your Purpose.

Margaux Joy DeNador, a life coach, outlines ways to make simple and consistent changes in life, to enable people to feel a

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greater connection with loved ones, to take time for what is important to them, and to find more enjoyment in work.

Our society has never had as many food choices as we do now, and yet we are suffering from food based illnesses in numbers never seen. We are stressed, and exhausted, living on fast forward but never quite accomplishing all we want. Do you feel confused about what exercises to do and what to eat? Do you find yourself going from one diet to another, never making any progress? Have you lost some of your zest for life? In *A Playful Life*, Robyn gives you all the pieces of the puzzle and tells you how to put it all together. She uses stories and experiences to convey her own journey and puts together a plan to help you find your balance and rediscover your why. This book will give you what you need to take back your health and life by teaching you how to: Balance fitness and wellness Exercise so that you can enjoy life Get the right foods into your body Empower you to chase your dreams Be a strong, healthy woman Be the best version of you

Chris Grosso invites us to sit in on conversations with beloved luminaries and bestselling authors such as Ram Dass, Lissa Rankin, Noah Levine, Gabor Mate, and Sharon Salzberg to discover why people return to self-defeating behaviors—drugs, alcohol, unhealthy eating, sex, media—and how they can recover, heal, and thrive. In his recovery from drugs and alcohol, Chris Grosso has stumbled, staggered, and started all over again. In an effort to understand why he relapses, and why many of us return to the myriad of other self-defeating behaviors despite our better judgment, he went to bestselling authors, spiritual teachers, psychologists, doctors, and more, and asked them why we tend to repeat mistakes in our lives, even when we know these actions will harm us and the ones we love. In *Dead Set on Living*, Chris shares these intimate conversations and the practices that have taught him to be more loving, compassionate, and forgiving with himself as well as new meditation and healing techniques he learned through his journey. Unabashedly honest and inspiring, *Dead Set on Living* is essential reading for anyone seeking a path towards triumph over adversity, understanding the human condition, and rebuilding relationships after promises have been broken.

In a society that has seen epochal change over a few generations, what remains to hold people together and offer them a sense of continuity and meaning? In *Songs for Dead Parents*, Erik Mueggler shows how in contemporary China death and the practices surrounding it have become central to maintaining a connection with the world of ancestors, ghosts, and spirits that socialism explicitly disavowed. Drawing on more than twenty years of fieldwork in a mountain community in Yunnan Province, *Songs for Dead Parents* shows how people view the dead as both material and immaterial, as effigies replace corpses, tombstones replace effigies, and texts eventually replace tombstones in a long process of disentangling the dead from the shared world of matter and memory. It is through these processes that people envision the cosmological underpinnings of the world and assess the social relations that make up their community. Thus, state interventions aimed at reforming death practices have been deeply consequential, and Mueggler traces the transformations they have wrought and their lasting effects.

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"So ask yourself the question: "What does the life I long to live look like?" Imagine it! Draw it, write it, collage it and just plain dream it. Believe you can have it and then go about creating it as you take daily steps towards becoming an enhanced version of yourself! All successful people are big dreamers. They imagine what their future could be, ideal in every respect, and then they work every day toward their distant vision, that goal or purpose"--

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