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Easy cooking Uzbek dish — Dimlama NYC's Silk Road, BEST Uzbek Food in New York City? Central Asian Food in NYC The Art Of Uzbek Cooking

The ingredients in many Uzbek dishes include grape leaves from the Middle East, noodles from China, the meat pies of India and soups and cakes from Russia. Uzbekistan's markets are laden with a colourful and dazzling array of powdered spices such as cumin and red pepper, dried fruits and nuts, fragrant melons, and traditional, golden flatbreads.

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When all water is evaporated, mix only the top of pilaf, set the heat on low, cover the lid and cook for about 20 min. Open up the lid after 20 min and again mix only the top of the pilaf and cook for 10-15 min more or until rice is properly cooked. When pilaf is ready, finely and carefully mix all of the pilaf.

[The Art of Uzbek Cuisine](#)

The Art of Uzbek Cooking provides an introduction to a little-known and exciting culture through easy-to-follow recipes that have been tested and adapted for American kitchens. This collection of some 175 authentic Uzbek recipes includes chapters on Appetizers & Salads; Soups; Meat, Poultry, and Fish; Plovs; Stuffed Pastries, Dumplings, Pasta & Pancakes; Vegetables; Breads; Desserts; Drinks; and even Suggested Menus.

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4 egg yolks. 300 ml of warm water. 800 gr of plain flour (and then a little more) half tsp of baking soda. 1 tsp white vinegar. 1 tsp of water. Put egg yolks in to bowl, add salt, add soda combined with vinegar and water and make the dough. it must be hard, if needed add some more flour. For the second dough:

[The Art of Uzbek Cuisine: Pahlava](#)

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Uzbek cuisine shares the culinary traditions of Turkic peoples across Central Asia. There is a great deal of grain farming in Uzbekistan, so breads and noodles are of importance, and Uzbek cuisine has been characterized as "noodle-rich". Mutton is a popular variety of meat due to the abundance of sheep in the country and it is a part of various Uzbek dishes. Uzbekistan's signature dish is palov, a main course typically made with rice, pieces of meat, grated carrots and onions. It is usually cook